

# Early Childhood Committee Meeting

September 28, 2011

2 p.m. to 3 p.m.

Conference Room B, Volusia County Health Department



In attendance:

Name	Agency
Funchess, Lisa	Volusia County Health Department/WIC
Galloway, Pinkie	Volusia County Health Department/WIC
Givens Hajj-Mak, Cassandra	Mid Florida Community Services/Head Start
Houde, April	Mid Florida Community Services/Head Start
Marchena, Tonia	Volusia County Health Department/WIC
Moran, Teresa	Volusia County Health Department
Philip, Celeste	Volusia County Health Department
Schlageter, Deborah	One Voice for Volusia
Wycuff, Lauren	Early Learning Coalition of Flagler/Volusia

## Welcome/Introductions

Ms. Schlageter called the meeting to order at 3:30 p.m. Roundtable introductions ensued. Ms. Schlageter and Ms. Moran shared the goals of the Coalition and development of the Priority Areas. Ms. Moran recommended attendees visit [www.letsmovevolusiasyouth.org](http://www.letsmovevolusiasyouth.org) to check out the updates to the site and also view the video online which features the beginning steps of the coalition.

## YOUR Connection to Let's Move Volusia's YOUTH (LMVY) Coalition

Ms. Schlageter shared that part of the goals of LMVY is to create a Community Inventory that highlights what is already available to children and youth when addressing obesity, eating healthy and active living in Volusia County. She shared examples of evidence-based practices, promising practices and "good ideas" as identified on the Northeast Florida Counts website. It would be ideal if through the development of the Inventory, Volusia County's successful programs would be added to this resource.

## Begin Planning Process to Create a Community Action Plan

Attendees shared success programs and initiatives addressing obesity in children. This sharing included:

- WIC's Nutrition Plan and Obesity Objective which addresses BMI in children age 2-5.
- WIC's MOOve to Lowfat Milk Campaign and outreach efforts
- The health department conducting a nutrition questionnaire and development of a two-year plan of working with area libraries
- Head Start services include a food record of each child, tracking BMI and height/weight, offering parent counseling, referrals to dieticians if necessary, minimum of 30 minutes to 45 minutes activity requirement, all food provided through USDA requirements/recommendations.
- Early Learning Coalition of Flagler/Volusia scores its providers by an environment rating scale which is determined by what children are being fed. Residential childcare has different guidelines than facility guidelines. The requirements of exercise/movement and trainings for providers were also shared.

Following the sharing of successful programs coordinated by each of the attendees, discussion ensued regarding the development of a Community Action Plan specific to the early childhood sector and respective population. Suggestions will be incorporated into the draft Community Action Plan to continue brainstorming at the next meeting. Among those suggestions:

- Enhancement of Awareness Issues, especially between agencies like Head Start and Volusia County Health Department/WIC
- Developing a list of books that are age-appropriate for children highlighting healthy eating and physical activity

There being no further business, the meeting adjourned. The next committee meeting will be Wednesday, October 26<sup>th</sup> from 2 p.m. to 3 p.m. in Conference Room C at the Volusia County Health Department.